

Circular 10/2024-25

20th June 2024

Dear Parents,

We are pleased to announce that **International Yoga Day** will be celebrated at Laurus-The Universal School on **Friday, 21st June 2024 at 8.30am**. We extend a warm invitation to students from grade I to X to join us for an enriching yoga session. This session promises to be both energizing and relaxing, offering moments of healing and positivity.

This event provides a wonderful opportunity for all participants to rediscover themselves and embrace a healthy lifestyle. To ensure everyone's comfort and active participation, students are kindly requested to wear a white T-shirt with blue or black pants and to bring their own yoga mat.

We look forward to celebrating this day of wellness and self-discovery.

Note: Students can have breakfast after the yoga session.

s/d

Principal

